

Mindmapping

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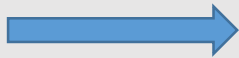

Learning Enhancement Team, Dean of Students' Office

What we plan to cover...

- The benefits of using mindmaps
- How you might be able to use mindmaps for different aspects of your studies
- How to mindmap- basic principles for you try, adapt or ignore!

Let the mindmapping begin!

Mindmapping can be a good thing because...

- It mirrors the way our brains like to store information
- It can help you to remember information 
review/revise
- Quick and easy way of capturing ideas  brainstorming
- Allows you to share information with others you are working with
- Appeals to people with a visual preference

Mindmapping can be a good thing because...

- It can help you to see “the whole picture”
- It can be a way into research- what do I know already/what do I need to find out?
- Allows you to record a lot of information concisely
- Improves your critical thinking- how are ideas connected/separate?
- Helps to make your learning “active”

How to mindmap...

- Turn your paper on its side
- Use post-it notes to help plan your map
- Use colour, images, association and repetition
- Experiment with different styles
- Most importantly: find a way that works for you!

How to mindmap (according to Buzan)...

- Buzan: don't put things in boxes, limits your thinking
- Branches should be curved- first level of branches should be thicker
- Use only one keyword on each branch
- Use a distinctive image/shape for your central image to make it stand out
- Buzan: different colours used for each main branch and its descendants

How to mindmap...

How to Mind Map and Mind Mapping concepts | ThinkBuzan - Internet Explorer
http://thinkbuzan.com/how-to-mind-map/

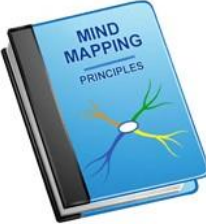





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Steps to Creating a Mind Map

The following steps outline how to draw a Mind Map with ideas expanding **step-by-step**.

- 1. Central Image**

Draw an image that represents the theme of your Mind Map in the centre of your paper. Ensure the paper is in landscape format. 
- 2. Main Branch**

Draw the first of your main branches from your central image. Ensure this branch is thick, curved and uses colour. 
- 3. Write Keyword**

Write the keyword that you associate with the topic on top of your branch. 

Section 3 - Principles of Mind Mapping

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4. Sub Branches

Continue to add further sub branches radiating from the main branch and include associated keywords.

5. Continue

Continue to draw additional main branches from your central image. Where possible, work in a clockwise direction.

6. Images & Links

Images greatly magnify your memory. Wherever possible use images in place of keywords. You can draw arrows to link different areas of your Mind Map together.

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Possible uses of mindmapping...

- Notetaking/notemaking- in lectures or from reading.
- Reviewing topics
- Revision
- Planning your reading/research
- Essay planning- brainstorming and more structured plans
- Editing

Give it a go...

Choose a topic from your course and mindmap it.

Or have a look at one of the past papers questions which are similar to those from your course and mindmap your response.

Do this on your own, or with a partner.

Use paper/Ipad/another device.

Contact us

Email: dos.help@uea.ac.uk

Web: www.uea.ac.uk/dos/let

Twitter: [@uea_let](https://twitter.com/uea_let)

Or visit us in the Dean of Students' Office.

More mindmapping resources...

- Tony Buzan speaks about the basics of mindmapping:

<http://www.youtube.com/watch?v=MlabrWv25qQ>

- Buzan guide to mindmapping:

<http://thinkbuzan.com/how-to-mind-map/>

- Guide to online mindmapping applications/software:

www.digitaltrends.com/computing/best-mind-mapping-tools/

More mindmapping resources...

- Different ways in which information can be recorded visually:

http://www.visual-literacy.org/periodic_table/periodic_table.html

- Free web-based mindmapping software:

<https://prezi.com>

- Website which turns outlines into mindmaps:

<https://www.text2mindmap.com/>