Revision Skills

Learning Enhancement Team
Student Support Service

The revision process ...

• What do you do when you revise?
• What works for you? What doesn’t? Why?
• Is there anything you’d like to do differently?
Making your revision active ...

- Re-reading notes
- Copying out notes
- Highlighting text
- Repeating out loud
- Annotating your notes
- Colour-code key themes
- Putting notes on the wall as a poster / post-it notes
- Writing index cards
- Testing yourself with flash cards
- Practising answering past papers
- Practising setting past papers
- Explain a concept to a friend
- Re-working notes from one form into another
Model to Generate Critical Thinking


So what? What if? What next?

Improving your memory ...
Your revision timetable ...

• How much revision is ‘enough’?
• When do you revise?
• How do you decide what to do when?
• What obstacles might you encounter? How can you deal with these?

Creating a realistic **timetable**

• Set definite times to start and end.
• Break your revision down into achievable tasks.
• Set clear, well-defined goals for what you can achieve in each session.
• Vary the task/topic/subject.
• Think about what time of day suits different tasks that you have to do.
• Think about the environment you’re going to work in.
Creating a realistic timetable

• Plan in pencil – so that you can review and adapt.
• Keep working sessions short – timetable regular breaks (www.pomodorotechnique.com)
• Build in plenty of time for reviewing and testing.
• Timetable in essential things like eating & sleeping!
• Don’t leave the things you don’t like doing until last.
• Give yourself rewards as incentives.

Don’t think about what you ‘should have done’, or haven’t done- but what you have done and can do.

Give yourself a break!

“The unconscious mind carries on working even when you’re not studying, so taking breaks is not a disadvantage.”

Cottrell, 2007: 118
Summary

- Effective revision is often an active process.
- Try a variety of ways to make your notes memorable.
- Try using mind-mapping to test yourself, identify gaps – and show just how much you do know!
- Plan your time well ... but be realistic! Taking breaks is okay.
- Everyone does it slightly differently!
Revision and Exams Advice

• **Resources** [https://portal.uea.ac.uk/student-support-service/learning-enhancement/study-resources/revision-exams](https://portal.uea.ac.uk/student-support-service/learning-enhancement/study-resources/revision-exams)

• **Twitter** @uea_let #ueaexams

• **Tutorials** with the Learning Enhancement Team to review your revision and exam strategies [https://portal.uea.ac.uk/student-support-service/learning-enhancement/appointments](https://portal.uea.ac.uk/student-support-service/learning-enhancement/appointments)

Further Advice

• UEA Exam Regulations & Past Papers [https://portal.uea.ac.uk/learning-and-teaching/students/assessment/exams](https://portal.uea.ac.uk/learning-and-teaching/students/assessment/exams)


Thank you and good luck!