

Student Counselling Service Statistics 2011-13

	2012-13		2011-12	
	No	% of UEA students	No	% of UEA students
Total No. of Clients	736	5.2	694	5.1
UEA Headcount	14,199		13,514	

	2012-13			2011-12		
	No	% UEA by gender	% clients	No	% UEA by gender	% clients
Gender						
Female	530	6.9	72.0	495	6.4	71.3
Male	206	3.2	28.0	199	3.5	28.7

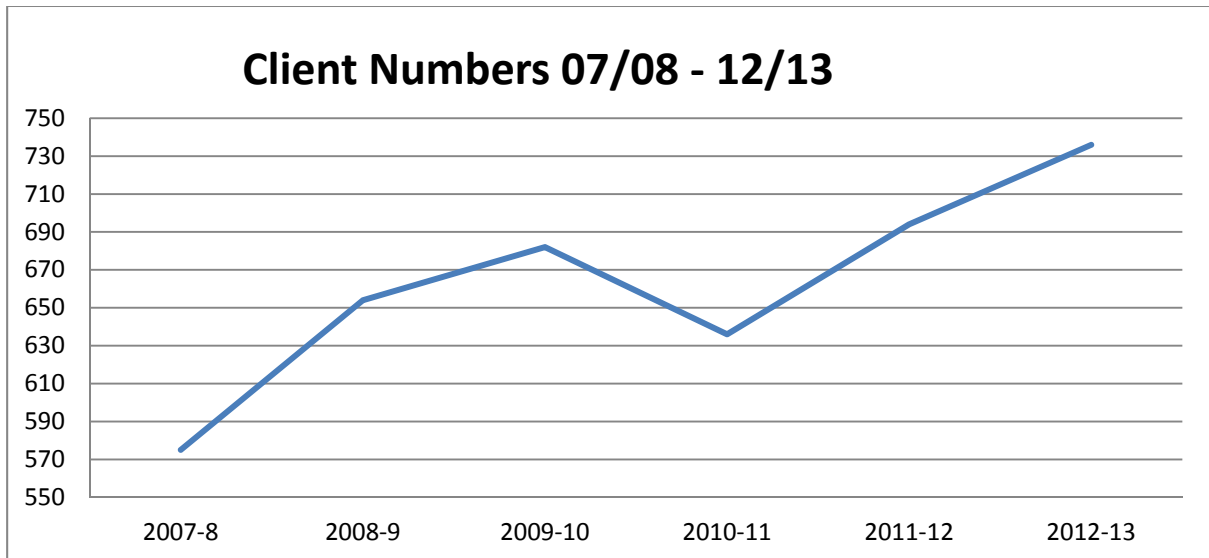
	2012-13		2011-12	
	No	% of UEA students	No	% UEA students
Funding				
Home	627	6.0	576	5.6
EU	33	5.4	36	6.3
International and exchange	76	2.6	80	3.2
Not stated			2	

	2012-13		2011-12	
	No	% Clients	No	% Clients
Year				
1	187	25.4	150	21.6
2	170	23.1	165	23.8
Years 3/4	168	22.8	152	21.9
Years 5/6	9	1.2	4	0.6
UG total	534	72.6	471	67.9
Visiting	0	0.0		0.0
Post-graduate	192	26.1	220	31.7
Other	0	0.0	3	0.4
	10	1.4		

	2012-13		2011-12	
	No	% PGR/T students	No	% PGR/T students
PGR	91	3.3	117	4.7
PGR	84	7.8	74	7.1
Not stated	17		29	

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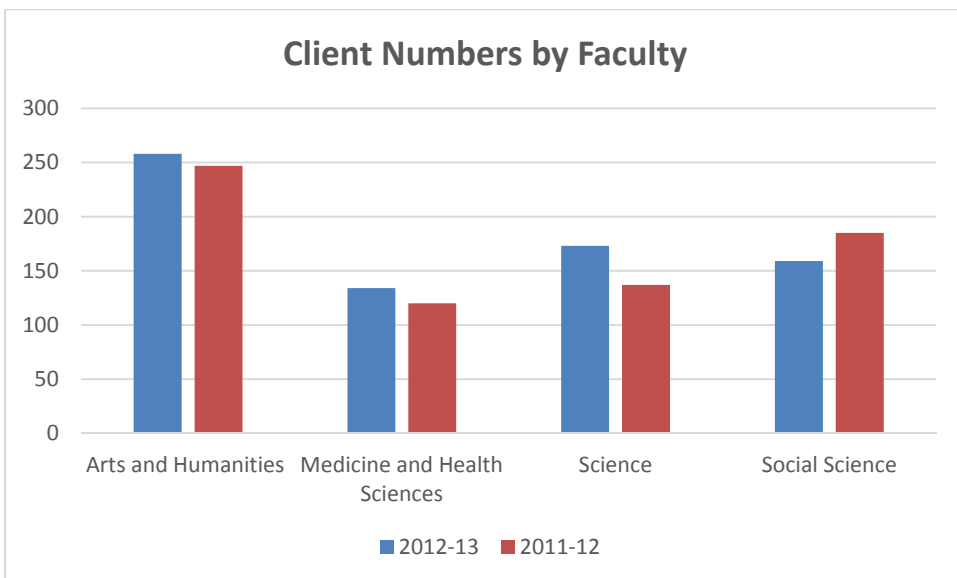
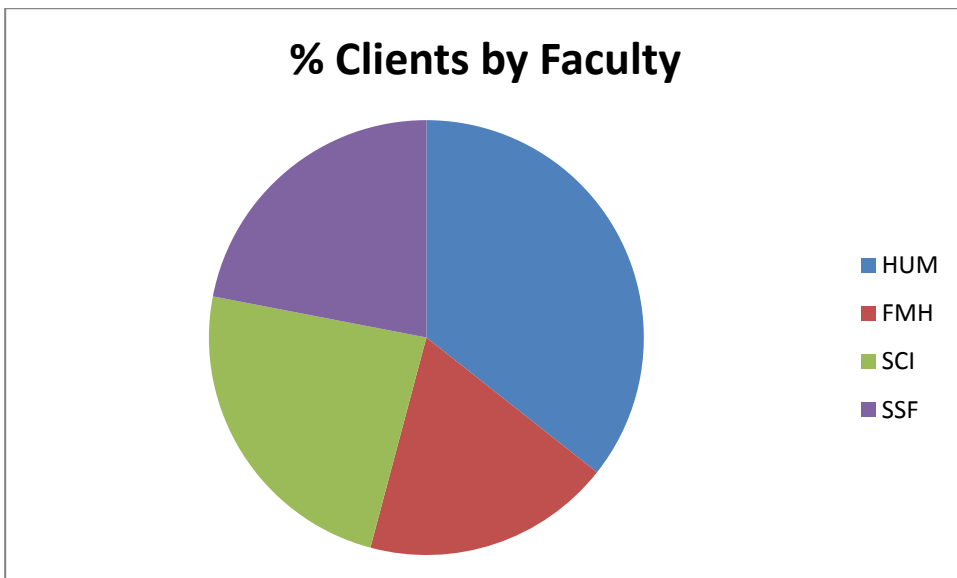
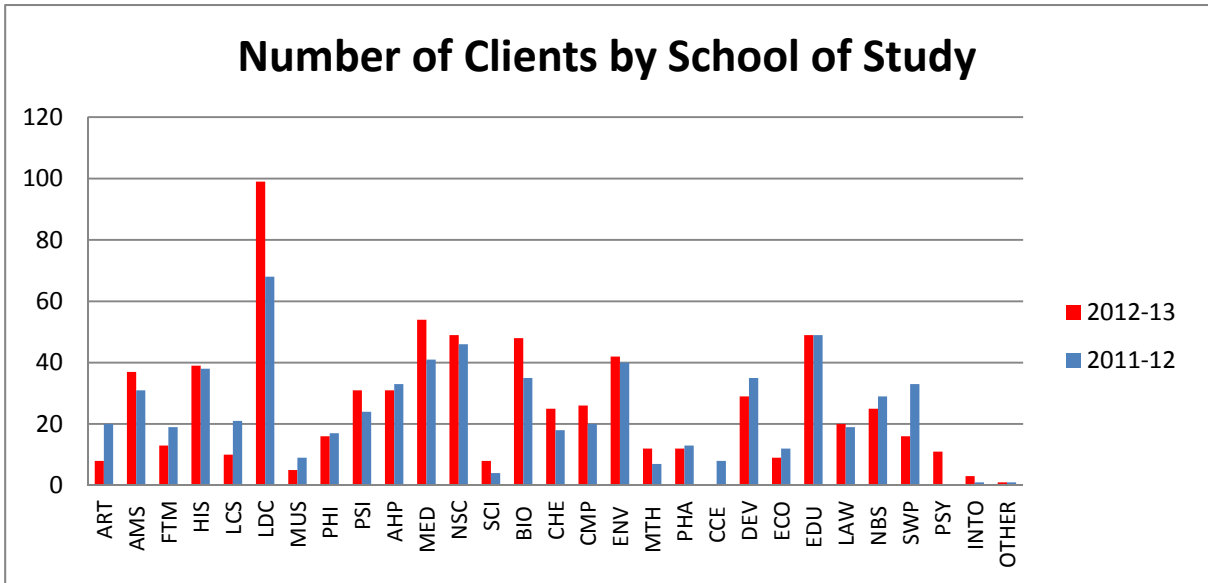
Ages	2012-13		2011-12	
	No.	% Clients	No.	% Clients
17	0	0	0	0.0
18	50	6.8	30	4.3
19	120	16.3	87	12.5
20	123	16.7	100	14.4
21	94	12.8	97	14.0
22	68	9.2	70	10.1
23	45	6.1	39	5.6
24	34	4.6	26	3.7
25-29	101	13.7	109	15.7
30-39	59	8.0	73	10.5
40-49	27	3.7	44	6.3
50-59	15	2.0	17	2.4
60+	0	0.0	2	0.3
Data missing	0		0	0.0
Av. Age at registration	24yrs		25yrs	



Student Counselling Service Statistics 2011-13

School/Unit of Study	2012-13		2011-12	
	No	% students in School	No	% students in School
HUM				
ART	8	3.8	20	10.3
AMS	37	9.5	31	8.4
FTM	13	4.7	19	6.9
HIS	39	6.7	38	6.7
LCS	10	3.5	21	7.2
LDC	99	13.2	68	9.4
MUS	5	5.6	9	6.4
PHI	16	8.7	17	8.5
PSI	31	6.3	24	4.9
Total	258	7.9	247	7.6
FMH				
AHP	31	9.8	33	10.0
MED	54	5.3	41	4.3
NSC	49	5.3	46	8.4
Total	134	5.9	120	6.6
SCI				
BIO	8	9.6	4	5.1
BIO	48	6.6	35	4.8
CHE	25	4.5	18	3.5
CMP	26	4.7	20	3.6
ENV	42	6.5	40	5.9
MTH	12	3.4	7	2.0
PHA	12	2.1	13	2.4
Total	173	4.9	137	4.0
SSF				
CCE			8	4.9
DEV	29	7.4	35	8.9
ECO	9	1.1	12	1.7
EDU	49	5.1	49	5.2
LAW	20	3.3	19	2.8
NBS	25	1.9	29	2.5
SWK	16	4.4	33	4.8
PSY	11	3.2		
Total	159	3.1	185	3.7
INTO	3		1	
OTHER	1		1	

Student Counselling Service Statistics 2011-13



Student Counselling Service Statistics 2011-13

	2012-13		2011-12	
	No	% sessions	No	% sessions
Number of Sessions Completed				
Total	4135		4263	
Full sessions completed	3501	84.7	3653	85.7
Exploratories	634	15.3	610	14.3

	2012-13		2011-12	
	No	% clients	No	% clients
Time between Exploratory and First Session Offered				
Clients having exploratory only	89	12.1	89	12.8
No Waiting Time (returners or no ongoing sessions i.e. DNF /CX 1st session)	115	15.6	90	13.0
0-7 days	100	13.6	104	15.0
1-2 weeks	145	19.7	166	23.9
2-3 weeks	63	8.6	86	12.4
3-4 weeks	56	7.6	46	6.6
4-8 weeks	127	17.3	82	11.8
8-12 weeks	25	3.4	18	2.6
12+ weeks	16	2.2	13	1.9
			694	100.0
Average Interval	24.9		22.1	

	2012-13		2011-12	
	No	% total sessions offered	No	% sessions
Vacant/Reassigned Sessions*				
Cancellations	221	4.8	403	8.0
Did not appear	206	4.5	300	6.0
Did not appear for first session	63	1.4	75	1.5
Total sessions offered	4625		5041	
Vacant/reassigned sessions	490	10.6	778	15.4

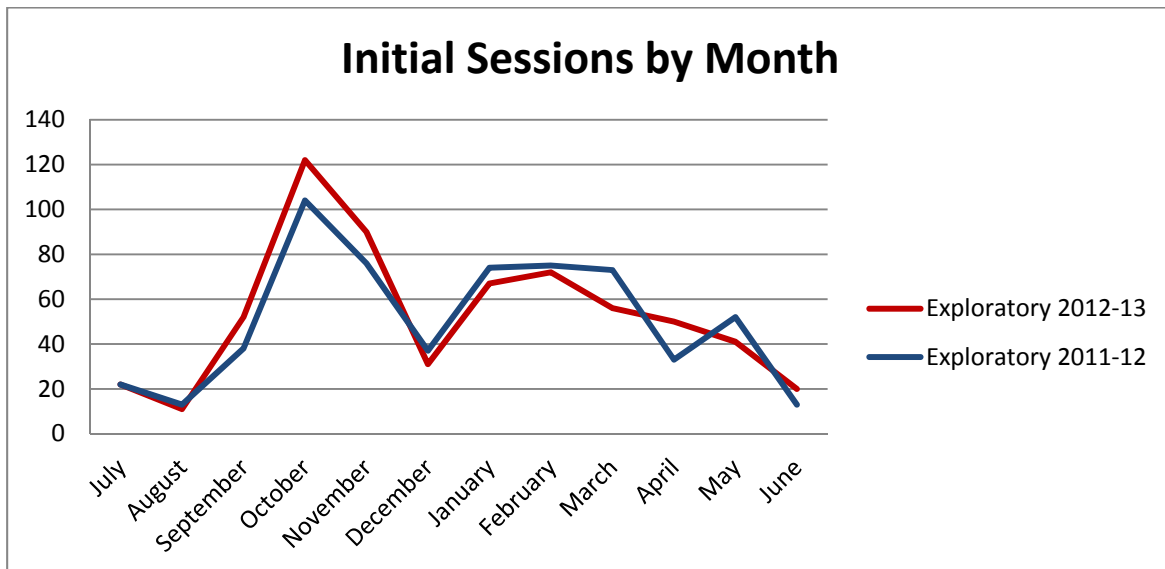
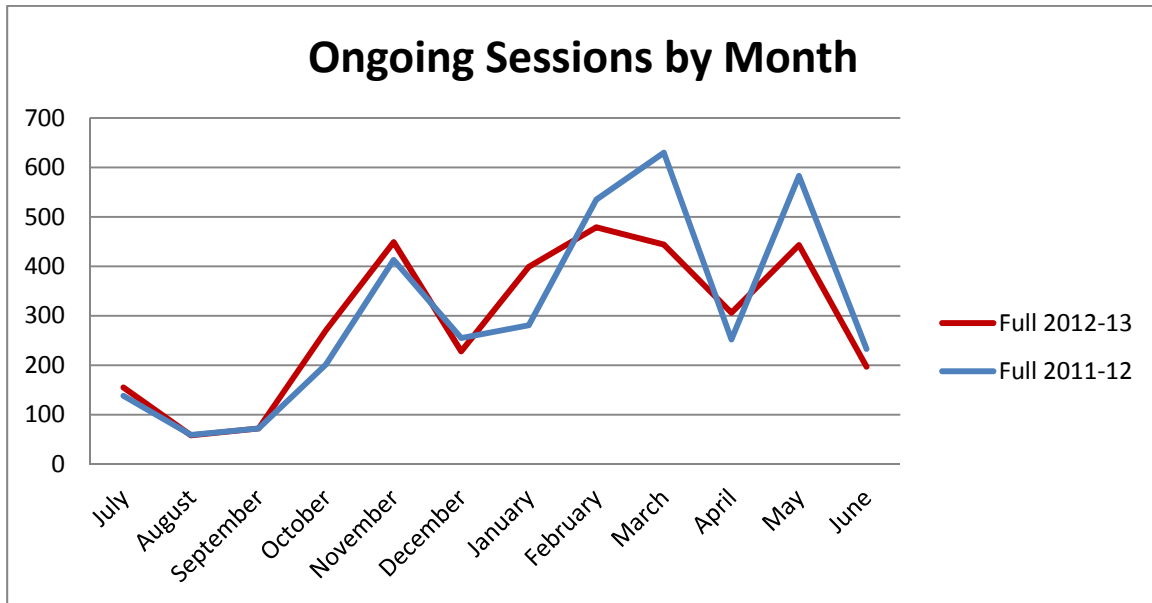
*Cancelled sessions are offered to other clients where possible.

Student Counselling Service Statistics 2011-13

	2012-13		2011-12	
	No	% clients	No	% clients
Number of Full Sessions per Client				
1	67	9.1	83	12.0
2	67	9.1	58	8.4
3	69	9.4	61	8.8
4	51	6.9	48	6.9
5	47	6.4	46	6.6
6	45	6.1	38	5.5
7	40	5.4	29	4.2
8	106	14.4	56	8.1
9-12	86	11.7	81	11.7
13-16	12	1.6	32	4.6
17-20	8	1.1	15	2.2
21+	2	0.3	16	2.3
0	136	18.5	131	18.9
Average including exploratories	5.6		6.1	
Average excluding exploratories	4.8		5.3	

	Full		Exploratory		Totals	
	2012-13	2011-12	2012-13	2011-12	2012-13	2011-12
Sessions by month						
July	155	138	22	22	177	160
August	58	59	11	13	69	72
September	72	72	52	38	124	110
October	271	202	122	104	393	306
November	449	413	90	76	539	489
December	228	255	31	37	259	292
January	399	281	67	74	466	355
February	479	535	72	75	551	610
March	444	630	56	73	500	703
April	306	252	50	33	356	285
May	443	583	41	52	484	635
June	197	233	20	13	217	246
Total	3501	3653	634	610	4135	4263

Student Counselling Service Statistics 2011-13



Student Counselling Service Statistics 2011-13

	2012-13		2011-12	
	No	% Clients	No	% Clients
Referral Routes In				
Self	409	55.6	385	55.5
Advisor/academic staff	51	6.9	55	7.9
DOS office	51	6.9	43	6.2
Administrators	18	2.4	16	2.3
Chaplaincy	0	0.0	0	0.0
Health Centre/GP	54	7.3	61	8.8
Psychiatrist	0	0.0	0	0.0
Outside GP	24	3.3	24	3.5
Union of Students	4	0.5	9	1.3
Careers Centre	2	0.3	2	0.3
Friends/ Family	114	15.5	89	12.8
Outside Agencies	5	0.7	3	0.4
Other	4	0.5	7	1.0
Data missing	0	0	0	0.0

	2012-13		2011-12	
	No.	% Expls	No.	% Expls
Major Themes at Exploratory				
Abuse	29	4.6	20	3.3
Academic concerns	52	8.2	54	8.9
Anxiety	143	22.6	127	20.8
Addiction	3	0.5	4	0.7
Depression/mood swings	131	20.7	111	18.2
Loss	67	10.6	84	13.8
Other mental health problems	10	1.6	9	1.5
Physical health	11	1.7	17	2.8
Eating disorders	11	1.7	11	1.8
Relationships	99	15.6	91	14.9
Self and identity	45	7.1	50	8.2
Sexual issues	6	0.9	4	0.7
Transitions	10	1.6	19	3.1
Welfare / work related	4	0.6	1	0.2
Self-harm	7	1.1	8	1.3
Other	3	0.5	0	0.0
None recorded	3	0.5	0	0.0

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	2012-13		2011-12	
	No.	% sessions	No.	% sessions
Ongoing Session Themes				
Abuse	134	3.8	125	3.4
Academic concerns	292	8.3	233	6.4
Anxiety	571	16.3	490	13.4
Addiction	7	0.2	24	0.7
Depression/mood swings	492	14.1	512	14.0
Loss	221	6.3	353	9.7
Other mental health problems	37	1.1	28	0.8
Physical health	59	1.7	91	2.5
Eating disorders	80	2.3	67	1.8
Relationships	931	26.6	809	22.1
Self and identity	529	15.1	719	19.7
Sexual issues	24	0.7	36	1.0
Transitions	58	1.7	91	2.5
Welfare / work concerns	33	0.9	17	0.5
Self-harm	30	0.9	42	1.1
Other	3	0.1	16	0.4

	2012-13		2011-12	
	No.	% Clients	No.	% Clients
Ethnicity				
White British	525	71.3	488	70.3
White Irish	20	2.7	12	1.7
Other White	72	9.8	84	12.1
Asian / Asian British (Indian)	11	1.5	14	2.0
Asian / Asian British (Bangladeshi)	2	0.3	2	0.3
Asian / Asian British (Pakistani)	11	1.5	3	0.4
Other Asian /Asian British	7	1.0	8	1.2
Black / Black British (Caribbean)	1	0.1	2	0.3
Black / Black British (African)	17	2.3	16	2.3
Other Black / Black British	1	0.1	2	0.3
Chinese	18	2.4	8	1.2
Mixed - White and Black Caribbean	2	0.3	2	0.3
Mixed - White and Black African	3	0.4	4	0.6
Mixed - White and Asian	5	0.7	6	0.9
Other Mixed Background	17	2.3	14	2.0
Other	21	2.9	25	3.6
No data	3	0.4	4	0.6

Student Counselling Service Statistics 2011-13

	2012-13		2011-12	
	No.	% clients	No.	% clients
Disability				
Autistic Spectrum	9	1.2	1	0.1
Blind or partially sighted	4	0.5	1	0.1
Deaf or hard of hearing	7	1.0	7	1.0
Mental Health Difficulties	24	3.3	24	3.5
Multiple Disability	1	0.1	1	0.1
Personal Care Support	1	0.1		0.0
Specific Learning Disability	46	6.3	36	5.2
Wheelchair or mobility difficulties	2	0.3		0.0
Unseen Disability	17	2.3	21	3.0
No Known Disability	519	70.5	491	70.7
Other	11	1.5	4	0.6
None noted	102	13.9	108	15.6

Groups Offered by the Counselling Service 2012-13				
	Hours	Participants	Total attendee hours	Av attendee hours
Intro to Mindfulness 6 sessions	2x6hrs	16	71	4.4
Mindfulness Lunchtime Drop In	17x1 hr	12	29	2.4
Compassion Fortnight	7x1 hr	5	21	4.2
Total:	36	*18 individuals	121	6.7

*Drop-in sessions and 'compassion fortnight' were intended as follow up opportunities after the 6 week course. Some participants attended two out of three or all three groups. Two individuals attended drop –in sessions without attending the 6 week course.