

2.8.1 Address Alcohol and Substance Misuse – reducing risks of negative behaviour and of self-harm and harming of others

As part of the University’s Alcohol and Substance Misuse Policy, UEA does not seek to be merely reactive to such misuse issues. The University recognises the very serious risks to individual and collective health and wellbeing from this misuse and is determined to minimise the incidence of misuse through a proactive process of communication and education, led by the UEA Students’ Union and Student Support Services.

Actions:

- Led by the Students’ Union, in partnership with the Student Support service, UEA will sign up to the NUS Alcohol Impact initiative from September 2017. This aims to:
 - Change negative drinking cultures
 - Promote responsible behaviour on campus and in the community
 - Improve health and wellbeing of students
 - Create a more inclusive environment for students
- The Wellbeing Service and the UEA Students’ Union will work with external providers to develop Alcohol and Drug Awareness online resources (as well as trialing such apps as “DrinkCoach” and “Spruce”) for UEA first-year students.
- Additional training for support and Wellbeing staff will take place in September 2017.

KPIs:

- Reduction of incidents of reported alcohol-related or substance misuse (on- or off-campus) involving UEA students to be improved by 20% year-on-year against a baseline recorded measurement taken for the first time at the end of Semester 1, 2017, against which later (twice-yearly) measurements can be compared.

References and Bibliography

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AMOSSHE (2001). *Good Practice Guide on Responding to Student Mental Health Issues: Duty of Care Responsibilities for Student Services in Higher Education*. Association of Managers of Student Services in Higher Education

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