

### Multifaith Issues: Report for Student Experience Committee May 2017

The regular activities that were listed in the report in November 2016 continue to take place. There have been a few changes, such as Catholic Mass is now on Wednesday evening. This has enabled more students to attend. We also have an extra Buddhist group run by students. The existing groups and worship sessions have maintained encouraging numbers throughout last term. This term is more flexible but we aim to offer as much as possible up to, and including through, the exam period.

The week 'Do different' was very welcome for us. We had many students coming to try something new. In particular the Buddhist meditation and the mindfulness classes had substantially increased numbers. Many of these people have continued to attend the classes. The availability of colouring proved to be very popular and we have now increased the times that we offer this. It is a good way of enabling students to relax and 'de-stress' as well as building up relationships.

There is a positive feel within the Multifaith Centre. The worship room is well used and the prayer rooms are often being used for occasional prayer as well as a few booked activities such as the Quaker Meeting. The common room has a regular cohort of students and staff that attend as well as students that wish to come in on one particular time. This may be at a time of crisis or times of stress. As the exams draw near we are pleased to be offer a place of peace and encouragement for all.

Jen Woodfin  
25 April 2017